

ANTI-HISTAMINES TO BE STOPPED FOR POSSIBLE  
ALLERGY TESTING:

**Stop THREE days before testing:**

Actagen	Cyropheptadine	Phenergan
Actifed	Deconamine	Poly-histine
Acrivastine	Dimenhdrinate	Promethazine
Allegra (any)	Dimetane	Rondec
Allerclear	Dimetapp	Rynatan
Allerfrin	Diphenhydramine	Ryna-12
Allertec	Doxepin	Rynatuss
Allerx	Dramamine	Semprex-D
Antivert	Drixoral	Tanafed
Benedryl	Duravent-DA	Tavist
Bromphed	Fexofenadine	Triaminic
Brompheniramine	Histavent-LA	Triaminicol
Cetirizine	Histex	Trinalin
Chlorpheniramine	Loratadine	Tripolidine
Chlor-trimeton	Meclizine	Tussi-12
Clarinox (any)	Ominihist-LA	Tussionex
Claritin (any)	Ornade	Vistaril
Clemastine	Pediacare	Wal-tin
	Periactin	

**NASAL SPRAYS:**

Astelin  
Astepro  
Azelastine  
Patanase  
Dymista

**EYE DROPS:**

Pataday  
Patanol  
Olopatadine  
Optivar  
Zaditor  
Pazeo

**Stop FIVE days before testing:**

Atarax	Hydroxyzine	Xyzal
Zyrtec		

**ALSO:** Any medicine that has the words **SINUS, ALLERGY OR "HIST"**

**Please advise the patients the following:** Many over the counter medications have allergy medicine in them (i.e. **sinus, headache, sleep or cough medicines**). These medications will need to be stopped 4 days prior to the visit as well. If you are not sure if the medicine you are taking contains an antihistamine, please call the office for advice.

**DO NOT** stop any other medications for heart, liver, lung or other conditions. If for some reason you cannot stop the allergy medications then don't. We will see you for the consultation and can reschedule for testing at any time.